

Ref No. : JDSPS/25-26/JULY/008

Date: 17th JULY, 2025

Notice

Dear Parents,

Greetings from JDS Public School!

JDS Public School has taken this thoughtful initiative of conducting a Parent Counselling Session, as we believe parents to be the primary caregivers and the most important stakeholders in the holistic development of our students.

Date: 26 July 2025**Audience:** Parents of Grades III to IX**Topic:** Connected Parenting: Guiding Through Growth & Change**Session Details:**

Date	26 July 2025
Time	12:30 p.m. – 2:30 p.m.
Venue	School Seminar Hall

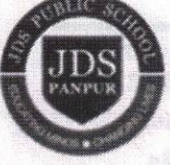
The transition from middle childhood to adolescence brings rapid changes—social, emotional, cognitive, and physical. This counselling session will help parents:

- Stay connected while encouraging age-appropriate independence.
- Recognize emotional ups and downs and respond constructively.
- Guide responsible technology and peer interactions.
- Strengthen communication and trust during pre-teen and teen years.

To support your child's emotional and academic journey through the middle years, we expect at least one parent/guardian to attend. Attendance will be recorded for future parent-school collaborations.

Resource Person: Mrs. Suparna Ghosh

- Clinical Psychologist | Mental Fitness Coach | Co-founder, Conscious Music Code Pvt. Ltd.
- Certified Social Panorama Consultant & India Ambassador, Society for Mental Space Psychology (Netherlands)
- Psychologist (attached to IIT Guwahati)
- Mentor for PhD Students, East Bridge University, UK



JDS Foundation's

JDS PUBLIC SCHOOL

Affiliated to CBSE (10+2) • Affiliation No: 2430445

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অভিভাবক পরামর্শ সেশন (শ্রেণী III – IX)

তারিখ: 26 July 2025 | স্থান: School Seminar Hall

বিষয়: সংযুক্ত অভিভাবকত্ব: বৃদ্ধি ও পরিবর্তনের পথে সহায়ক

আপনার সন্তানের মানসিক ও শিক্ষাগত যাত্রাকে সমর্থন করার জন্য, অন্তত একজন অভিভাবকের উপস্থিতি প্রত্যাশিত। ভবিষ্যৎ সহযোগিতার জন্য উপস্থিতি নথিভুক্ত হবে।

অভিভাবক পরামর্শ সত্র (কक्षा III – IX)

তারিখ: 26 July 2025 | জগহ : School Seminar Hall

বিষয়: সম্পর্কিত পালন-পোষণ: विकास और बदलाव के साथ मार्गदर्शन

बच्चों की भावनात्मक और शैक्षिक प्रगति के लिए कम से कम एक अभिभावक का आना अपेक्षित है। उपस्थिति भविष्य की सहभागिता के लिए दर्ज की जाएगी।

SD/-

Principal

4-Datta
12/07/25



CC to:

- i) Director's office;
- ii) Academic Manager's Office;
- iii) Logistics & operation office;
- iv) Account's office;
- v) All teachers & other staff